

SHELTER REQUESTS

NEW & GENTLY USED CLOTHING

- Sizing: Women's SM-XL; Men's SM-XL
- Plain white or black t-shirts
- Socks
- Boxers/Underwear
- Sweatpants and sweatpants
- Pajama pants/sets
- Slippers & fuzzy socks

CRAFTS & ACTIVITIES

- Fidgets
- Painting, drawing, and coloring materials
- Kits (jewelry, Legos, puzzles, ornaments)
- Movies/books/board games
- Sports and fitness equipment
- MP3 players/Gaming systems (Xbox/Play Station)

TOILETRIES & PERSONAL CARE

- Bathroom caddies/loofahs
- Towels and wash cloths
- Body wash
- Toothpaste
- Hair brushes/combs/picks
- Hair ties/headbands/clips
- Hair care products (culturally-specific, such as Carol's Daughter/Cantu/Eco Gel)
- Hair bonnets
- Black small hair rubber bands
- Feminine Hygiene Products

SCHOOL SUPPLIES

- Notebooks and journals
- Pencils and pens
- Backpacks

SHELTER SUPPLIES

- Twin sheet sets/blankets/pillows
- Commercial grade toaster/microwave
- Large storage bins
- Tote bags
- Small personal fans
- Book lamps
- Alarm clocks/radios
- Kitchenware

SURVIVOR KITS

These kits will provide youth on the streets with basic necessities. Our Mobile Case Managers connect these youth experiencing homelessness with community resources.

- Backpacks/bags-to put the items in
- Snacks
- Bottled water
- Hygiene products
- Chap Stick
- Baby wipes/wash cloths
- Kleenex packs
- Small first aid kits or items
- Clothing (S/M/L adult)
- T-shirts (white or black)
- Black socks
- Hand warmers
- Dollar Store/Target/Cub \$5-10 gift cards

Contact for Donations and Drop Off

St. Cloud Youth Shelter:

Email STCLOUD@180DEGREES.ORG

for drop-off.

1101 Washington Memorial Drive

St. Cloud, MN 56301



180 Degrees' Emergency Youth Shelter - St. Cloud

Central Minnesota's only 24-hour emergency shelter for youth in crisis

Since 1989, youth across Central Minnesota have found safety and support at 180 Degrees Emergency Youth Shelter in St. Cloud.

When home is no longer safe, or when youth and families need time and space to work through conflict or mental health crisis, or when youth are homeless or couch hopping, 180 Degrees is here to help.



**For immediate help,
contact us:
(320) 259-6764**

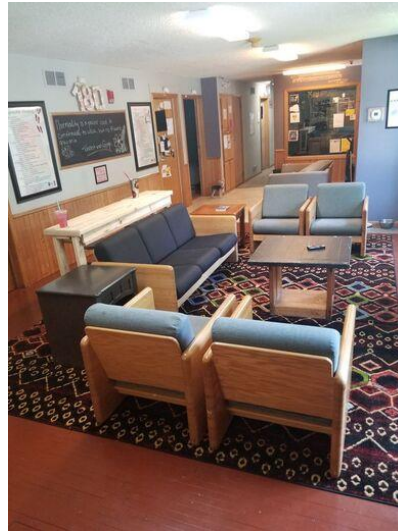
[EMAIL: STCLOUD@180DEGREES.ORG](mailto:STCLOUD@180DEGREES.ORG)

Supportive Services & Programming

- 12-bed Emergency Shelter or Residence for youth ages 12-17
- Shared living and kitchen space with prepared meals and essentials
- Support groups and positive reinforcement
- Family engagement
- Individual and family therapy and one-on-one primary counseling
- Therapeutic activities and groups with our therapist
- Gender-specific and spirituality/culture specific programming
- Recreation and pro-social activities
- Life skills addressing social, emotional, chemical, and physical health

Open 24-hours, 7 days a week, 180 Degrees' supportive program serves youth ages 12-17 from across Central Minnesota who experience or at risk of homelessness, sexual exploitation, violence, and neglect. Case Managers empower youth to identify strengths, explore resources, and develop goals and plans to realize their potential.

Services are free and accessible to youth who walk-in for services as well as through referrals from schools, social workers, and youth agencies from Benton, Cass, Chisago, Crow Wing, Isanti, Kanebec, Mille Lacs, Morrison, Pine, Sherburne, Stearns, Todd, and Wright counties.



180 Degrees' Youth Shelter in St. Cloud features comfortable spaces for teens to hang out.

"At the St. Cloud Youth Shelter, we're flexible, adaptable, and work with the youth to meet them where they are at and build them up to become the best version of themselves.

We pride ourselves on being honest, respectful, and accepting of everyone and their individuality."

- Amie Kirby, Senior Manager



© 2021 180 DEGREES, INC. ALL RIGHTS RESERVED.

Our Mission

180 Degrees creates safe spaces and services that honor each individual's healing journey.

Our Vision

Every person can experience hope for the future and reach their full potential.

Our Core Beliefs

- *We recognize racism has a real impact and commit to working to eradicate systemic racism.
- *It is through trauma-informed care, relationships, and community that healing, recovery, and growth are possible.
- *We believe culture is a powerful element in the healing process.
- *We believe physical, mental, and spiritual health contribute to individual well-being.
- *We believe in the power and positive impact of community connectedness for both individuals and organizations.

180 SIMPLE
DEGREES RULES
SHOW COURAGE
AND KINDNESS
SEARCH FOR SOLUTIONS
EMBRACE DIFFERENCES
SEEK COMMON GROUND
OWN YOUR ACTIONS,
BEHAVIORS, AND RESPONSES
CONSIDER YOUR ASSUMPTIONS
ENSURE THAT ACCURATE DATA
INFORMS DECISIONS
USE AN EQUITY LENS*

*Equity means equal access to opportunities and equal benefits. It requires the removal of systemic barriers and the accommodation of differences so that all individuals can benefit equally.