

Is your team experiencing joy at work?

When individuals feel a sense of purpose, are loyal to leaders or the vision and are acknowledged and celebrated, joy is amplified.

Instructions: Rank each statement from 0-5, where 0 = Never and 5 = Always.

Area of Evaluation	Description	Score (0 - 5)
Purpose Alignment	Team members feel their work connects to a larger purpose and positively impacts the organization or those they serve.	0 1 2 3 4 5
Recognition and Gratitude	Team members regularly express gratitude and acknowledge each other's contributions.	0 1 2 3 4 5
Loyalty and Commitment	Team members demonstrate loyalty to the team and remain committed to shared goals, even during challenges.	0 1 2 3 4 5
Joyful Collaboration	Team members approach collaboration with positivity and energy, fostering an uplifting work environment.	0 1 2 3 4 5
Celebration of Wins	The team takes time to celebrate milestones, successes, and the "small wins" together.	0 1 2 3 4 5
Support During Stress	Team members openly discuss challenges and offer support to reduce stress and increase resilience.	0 1 2 3 4 5
Positive Work Energy	Team members genuinely enjoy their work and show enthusiasm in their roles.	0 1 2 3 4 5

Scoring Interpretation:

- 30-35: Your team is thriving with joy!
- 20-29: There's room to grow in fostering joy and purpose.
- 10-19: Consider prioritizing gratitude, connection, and purpose to energize your team.
- 0-9: Start small—focus on one area to build momentum toward a joyful culture.

Total Score: ____ / 35

Do you want a higher JOY SCORE? Why don't we schedule a strategy call so I can share some tactics that you can use immediately to bring more joy to your team. Reach out at Kathy@KathyParry.com to schedule a time to talk. Visit www.KathyParry.com to learn more about ways you can energize and retain your teams.