

# Providing Hungry Children With Healthy Food

Empowering Them To Succeed In The Classroom And In Their Community

## 1 IN 8 CHILDREN STRUGGLE WITH HUNGER

**We know, and the research shows that children raised in food insecure homes face disastrous consequences. Hunger and inadequate nutrition wreak havoc on children's emotional, physical, and mental well-being.**

Hunger creates a ripple effect that affects us all. Hunger, and its consequences follow our kids from their home, into the schools, and out into the community. FOCP believes no child can thrive on an empty stomach.

### Food insecure children are more likely to:

- Experience chronic illness & weakened immune system. They are sick more often and are slower to recover from illness
- Impaired concentration, poor academic performance, and increased grade repetition
- Higher school absences & tardies
- Lower math and reading scores
- Higher levels of behavioral & emotional issues

### WHY CHOOSE US?

FOCP mobilizes volunteers and resources to provide supplemental food assistance to food insecure children who might otherwise go hungry.



#### OUR HISTORY

Founded in 2010 to address the problem of youth hunger in Mankato. Today, we fuel over 1,200 hungry kids every weekend within the southern Minnesota area.



#### OUR VISION

To broaden our food programs to meet the nutritional needs of hungry children. To provide every child, regardless of circumstance, healthy & reliable food access.



#### OUR MISSION

To engage our community in solving youth hunger. To create a community where hunger is no longer what stands between a child and their success.



#### Services

Connecting food insecure youth, grades K-12, with proper fuel on weekends & school breaks at no cost.



#### Service Area

Six Districts: Mankato, Maple River, Nicollet, LCWM, St. Clair & Janesville-Waldorf-Pemberton



#### Qualifiers

Identify as food insecure and be enrolled in a public/private/parochial school within one of our six districts



# HOW TO HELP HUNGRY CHILDREN LOCALLY

## HOST A FOODRAISER

Use the FOCP Food List to source food items for our "Specials" - food packs that meet the dietary and/or cultural specific diets of enrolled youth - as well as help stock specific items for our High School Food Pantries.

## VOLUNTEER

A huge part of our mission's success is reliant on our many amazing volunteers! We believe great communities support each other :) Opportunities Include: Pack Sessions, Delivery Day, Adopt a School, "Specials" Ops Pack Team, and Events.

Small Group, Youth Group & Individuals Welcome.

## LOVING DONATION

Your contribution will ensure a community of happy & healthy children, who can succeed where a rumbling stomach once stopped them.

Over the past decade, we've nourished a generation of children. Will you help us nourish the generations to come?

All donations are transformed into food packs and placed in the hands of those who need it most in our area - hungry children.

Questions? Interested in learning more? Want to schedule a tour or visit from FOCP Staff?  
Call or Email: FOCP Community Relations Manager, Lori Wollmuth  
PH: 507-385-3627 E: [lori@feedingourcommunitiespartners.org](mailto:lori@feedingourcommunitiespartners.org)